

# SWEDEN - Sverige



Capital	Stockholm
Population	10,183,175
Urban Population	
Life Expectancy	82
Gini index for income inequality	0.23
Human Development Index	
Literacy Rate	99.0%
Deaths from non-communicable diseases	90.0%

#### World Bank income category

# Physical Activity Prevalence



## Percentage of Deaths due to Physical Inactivity



In Sweden 6.1%

worldwide. % of deaths due to physical inactivity = 9%

This Country Card is part of the 2nd Physical Activity Almanac (free resource on the GoPA! website) For a description of the indicators and data sources visit: www.globalphysicalactivityobservatory.com/country-cards

# Policy and Surveillance Status

# National physical activity policy/plan Yes No

Action Plan for healthy dietary habits and increased physical activity. Stockholm, National Institute of Public Health, 2005

#### National recommendations •----National survey(s) including physical activity questions

First	Most recent	Next
		6
2002	2017	

#### Surveys and instruments used to assess physical activity

Eurobarometer 58.2 2002 (other); Eurobarometer 64.3 2005 (other); Eurobarometer 80.2 2013 (other); Public Health Agency of Sweden HLV survey 2014 (IPAQ modified); Special Eurobarometer 412 2014 (Adapted GPAQ); Special Eurobarometer 472 2017 (Adapted

# National health monitoring system • Yes No

Physical activity Sedentary behavior (i.e. sitting time)

Name(s)

# Physical Activity Research



Total number of articles from the country from 1950-2019



#### Sedentary Behavior (Sitting Time)



Yes No

Yes No

Contribution to

physical activity

research worldwide from

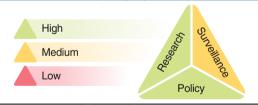
1950-2019

**Daily Sitting Time Global Tertile** Medium

Low

European Commission (2017). Special Eurobarometer 472: Sport and Physical Activity Report.

### Physical Activity Promotion Capacity Pyramid



#### Contact Information

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